

ON YOUR WAY TO Wellness

STARTS MONDAY 21 OCTOBER 2019



AS SEEN ON TV
R49 each
Watermelons



AS SEEN ON TV
R29 each
Spanspek



AS SEEN ON TV
199⁹⁹ per kg
Beef Biltong



AS SEEN ON TV
69⁹⁹ each
Food Lover's Cheddar, White Cheddar or Gouda 800 g



Save Big
2 FOR R25
Paw Paws



3 FOR R50
Papaya Prepacks



2 FOR R25
Banana Thriftpacks



3 FOR R50
Blueberry Punnets

Save Big



99⁹⁹ each
You First Organic Virgin Coconut Oil 1 Litre



44⁹⁹ each
You First Erythritol Powder 500 g or Psyllium Husks 150 g



29⁹⁹ each
You First Chia Seeds 150 g



3 FOR R100
You First Odourless Coconut Oil 1 Litre

MINI VEG COMBO R50
ONE Tomato Box 3 kg & ONE Carrot Bag 3 kg

MINI VEG COMBO R50
ONE Butternut Bag 3 kg & ONE Gem Squash Bag 3 kg


MINI VEG COMBO R50
ONE Onion Bag 3 kg & ONE Potato Bag 3 kg




2 FOR R30
Asparagus Bunches 170 g

FRESH COMBO R25
ONE Carrot Thriftpack 1 kg, ONE Beetroot Thriftpack 1 kg & ONE Sweet Potato Thriftpack 1 kg

SALAD COMBO R25
ONE English Cucumber, ONE Lettuce Prepack, ONE Spanish Santé Cocktail Tomato Punnet, ONE Green Pepper Twinpack



2 FOR R25
Sweetcorn Punnets



2 FOR R25
Crown Pumpkins

BUTCHERY
LENASIA IS STRICTLY HALAAL



69⁹⁹ per kg
Pork Rib & Loin Chops



44⁹⁹ per packet
Beef Brisket Burger Patties 4 x 100 g



89⁹⁹ per packet
Extra Lean Beef Mince 1 kg



89⁹⁹ per kg
Bulk Jan Braai Boerewors



Save Big
49⁹⁹ per kg
Pork Packs with Stew



89⁹⁹ per kg
Karan Beef Oxtail



129⁹⁹ per kg
Bulk Lamb Braai Chops



AS SEEN ON TV
Save Big
199⁹⁹ per kg
Beef Biltong



79⁹⁹ per kg
Pork Rashers or Pork Belly Roast



3 FOR R150
Fresh Whole Chicken



89⁹⁹ per kg
Club & T-Bone Steak

CHECK OUT ALL OUR Wellness OFFERS IN-STORE

FOOD LOVER'S MARKET

RUSTENBURG Valid: MON 21 - SUN 27 OCT 2019 • Food Lover's Market, Platinum Square, Howick Avenue, Cashan, Rustenburg, Tel: (014) 537 2727 • 185 Beyers Naude Street, Rustenburg • Visit www.foodloversmarket.co.za to see all our super specials • While stocks last



ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING 181019 • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE